Supervision Agreement

Katarina Stenstedt • kat@sleeponthehearth.com
Agreement with
About Spiritual Direction and Supervision Spiritual direction is a covenant relationship in which one person assists another in the discernment of God's presence and the living out of God's call. Ideally, a spiritual director will consult regularly with a trained supervisor. A supervisor can help a spiritual director to notice and respond to God's movement in his or her spiritual-direction practice. For more about spiritual direction and supervision, see the Spiritual Directors International (SDI) web site at http://sdiworld.org/ and "Together in the Mystery" at http://togetherinthemystery.org/.
Our Relationship You are meeting with me as your supervisor because you want to examine your spiritual-direction practice. Although it is appropriate at times to discuss psychological and relational difficulties in the context of supervision, I am not a psychotherapist, nor do I provide such services. Similarly, supervision is not financial advice, and any actions you take in that regard are done without my recommendation, and are purely your responsibility.
Confidentiality I will hold the details of our conversations respectfully and in confidence. Several times a year I meet with my own supervisor, and during these sessions I might share some details about my supervision conversations. I fictionalize identifying details, with the following exceptions: Because I am bound by California law, and because I choose to be bound by the ethical principles described in SDI's "Guidelines for Ethical Conduct," I will reveal details about the content of our conversations if (1) I am required to do so by law or court order; (2) I suspect child abuse, elder abuse, or the abuse of a dependent adult; or (3) I suspect a gross breach of ethics on the part of a fellow spiritual director, supervisor, or other helping professional. In all of these cases, however, I will work to protect the private details of our conversations to the fullest extent that is possible for me.
Fees We agree to a payment of \$ per one-hour session of individual spiritual-direction supervision.
Logistics We both commit to begin and end our sessions at the agreed-to times. If you will be more than five minutes late, please call me. To cancel or change your appointment, contact me at least 24 hours in advance. If you do not give me 24-hour notice, I will need to ask you to pay for the appointment time.
I will provide you with a copy of SDI's "Guidelines for Ethical Conduct" for your information. Let me know if you have any questions about those guidelines, this agreement, or the nature of our supervision relationship.
You can agree to the terms described on this page in either of the following ways:
• Send me an email that contains the following text: "I agree to the terms located at http://www.sleeponthehearth.com/supervision-agreement.html, and I agree to a fee of \$," or
• Sign this form and return it to me.
Signature:
Date: